

Great Party!

Serve dips and spreads with unsalted or low-salt crackers or raw vegetables. Also consider cold-cut trays, cheese fondues and cheese balls.

Always provide non-alcoholic drinks; soft drinks, juices, punch, sugar-free beverages and delight everyone with the delicious Great Pretenders in this brochure.

C— CARPOOL

Remember: only TIME will make your guests sober. Not coffee and not cold showers. It takes about one hour to burn off an average drink. 5 ounces of wine, 12 ounces of beer and 1 1/2 ounces of liquor all contain about the same amount of alcohol.

Keep watch on behavior. Sleepy, too talkative, too giddy, and uncoordinated guests are under the influence. Arrange cab rides, rides with the “designated driver,” or invite intoxicated friends to sleep over.

For irate intoxicated guests, “hide” their car keys until they have found another ride home. You may feel as if you have lost a friend that night, but you will have an even better friend the next morning.

Be First a Friend —
Then a Host.

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Cover Art By : Audra Nite

Seasons Greetings



**Presents ...
The ABCs of
Party Giving.
This guide features the
tastiest recipes from
the 2011 Great
Pretenders Mocktail
Mix-Off.**



Throw a

When it's your turn to host this season's holiday celebration, you can throw a great party and not contribute to the tragedy of a drunk-driving crash when your guests leave. Practice AAA's ABCs of Party Giving!

A— ALCOHOL ALERTNESS

Be sure your guests are the life of the party. Ask them to choose a designated driver for the evening, a person who will remain sober during the party and drive the group home.

Have a car key collection when your guests arrive. Tag the keys much like coats and hats. When guests leave, detect their level of intoxication. If you feel they would be unsafe behind the wheel, call them a cab or arrange for other transportation.

Mix drinks yourself, avoid open bars. Limit mixing drinks with carbonation, as carbonated beverages increase alcohol absorption.

Close your bar 90 minutes before your party is over— and don't encourage “one for the road.”

B— BUFFET

Always serve high protein foods, such as cheese and meats. They stay in the stomach longer and slow down the rate of intoxication. Mashed potatoes and beans (as well as other starchy foods) are great too.

Minimize salt. Salt makes people thirsty and speeds up intoxication.

The Great Pretenders Mocktail Mix-Off

Every year in South Dakota about 30 percent of all motor vehicle crashes are alcohol related.

Over the holidays, that number often jumps to 40 percent.

We don't want to bring back the days of Prohibition— we want motorists to use the many alternatives to climbing behind the wheel after drinking.

Designated drivers are a great idea; AAA South Dakota's Tippy Tow program runs from December 16th through January 2nd 2012. Another option is to use zero-proof mocktails to give drinkers an option to regular alcohol- based beverages.

Each year AAA hosts the Great Pretenders Mocktail Mix-Off. Here are the original, non-alcoholic recipes from that competition.

Mocktail Mix-Off Winners

First Place

Melissa Skaggs, Steven Schuster, Michelle Meek

"Ginger Peter"

- 1 ½ oz ginger and habanero simple syrup
- 2 oz carrot juice
- Splash of orange juice (about ½ oz)
- 1 lime wedge squeezed
- Topped with ginger beer (non-alcoholic)
- Garnish with a fresh whole habanero pepper.



First place team in action!

Second Place

Jordan Winteroth, Daniel McClune

"Frac-accino"

- Ingredients-
- Hazelnut tapioca pearls
 - Green tea latte
 - Chocolate milkshake

Preparation-

In a frosted pint glass, place 3 oz. of prepared chocolate milkshake. Top the milkshake with 2 T. prepared hazelnut tapioca pearls. Cover with green tea latte to within 2 inches of rim. Pipe chocolate mousse over the top to the rim of the glass.

Hazelnut tapioca pearls-

Place 1 cup of raw tapioca pearls in 2 cups boiling water. Boil for 30 min. Turn off water and soak pearls for 2 hours.

"Frac-accino" Cont.

Turn heat back on and boil for 30 min. or until pearls achieve texture of gummy bears. Drain and rinse under cold water to stop cooking. Add hazelnut syrup to cover.

Green tea latte –
Mix prepared green tea with frothed milk to taste.

Third Place

Scott Glidewell, Katie Stump

"Harvest Time Cooler"

- 1 oz Maine root sarsaparilla
 - 2 oz apple juice
 - ½ oz lemon juice
 - 3 bar spoons pumpkin butter
- Shake and serve chilled

Fourth Place

Brent Buchheit, Ariana Khalilian

"Brent's Breakfast Detox"

- Honey-pepper simple syrup-
- 1 cup water
 - 1 cup sugar
 - ½ cup peppercorns
 - ½ cup honey

Boil all ingredients for 8 minutes let cool
Combine 1 ½ oz honey-pepper simple syrup with 1 oz water and ¾ oz fresh lemon juice. Shake and strain into a martini glass. Garnish with floating lemon wheel and cracked pepper on top of wheel.

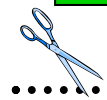


AAA's Tippy Tow

Need a safe ride home after that holiday party? Call AAA. We will take you, your vehicle, and up to one more person, but only to one place: home. The tow is within a 15 mile radius from point of pick up.

The program is available from 6 p.m. on Friday, Dec. 16th and ends at 2 a.m. on Monday, Jan. 2, 2012 . Tippy Tow operates in Sioux Falls, Rapid City, Aberdeen, Mitchell and Yankton.

Tippy Tow is completely free and confidential to AAA members and non-members alike.



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Need a safe ride home after that holiday party? Call AAA. We will take you, your vehicle, and up to one more person: home. The tow is within a 15 mile radius from point of pick up. When the operator answers just ask for Tippy Tow

Call (800) 222- 4357 (AAA-HELP)

